

“WHAT IS THE FAITH-REST LIFE?”

(Hebrews 4:1-10)

I. THE EXPLANATION OF GOD’S REST (Heb. 4:1-10)

A. The MEANING of “Rest”

1. The word “rest” is found _____ in this passage.
2. The word “rest” (*katapausis*) means the _____ of _____, to _____ from work, to lay down.

* What does this refer to?

B. The WARNING about “Rest” (4:1)

1. The warning is given to _____.
2. The warning is to _____ in failing to enter into the faith-rest life.

* Who was a previous example of not entering into the faith-rest life?

C. The MEANS of “Rest” (4:2-3)

1. Entering the rest God has graciously provided requires...
 - a. _____ the promises of God
 - b. _____ the promises of God
2. Mixing the promises of God with your faith needs to become a _____ in your life.

D. The PAST illustrations of Provided Rest (4:4-5)

1. There was the rest of _____. (4:4)
2. There was the rest of _____. (4:5)

E. The PRESENT availability of Provided Rest. (4:6-10)

1. The rest God provides is available to _____ believers but entered only by _____.
(v. 6a)

2. The rest God provides is entered only _____ in God's person and promises.
(v. 6b)

3. The rest God provides is to be entered _____. (v. 7)

4. The rest God provides is _____. (v. 8)

5. The rest God provides is a _____ rest. (v. 9a)

6. The rest God provides is for the _____ of _____. (v. 9b)

7. The rest God provides is seen in His _____, and it is by His _____.
(v. 10)