

“THE SOLE OBJECT FOR SOUL-REST” (Psalm 62)

** What was the likely setting of this psalm?*

A. A PERSONAL TESTIMONY OF SOUL-REST (62:1-4)

1. The words in the NKJV, “truly” (v. 1), “only” (vv. 2, 4, 6), “alone” (v. 5), and “surely” (v. 9), are all the _____ in Hebrew (*ak*), emphasizing that God is the _____ worthy of our trust. (62:1-2)

** How is this true with initial salvation?*

** Why is this true of God?*

** Where should your focus be in your Christian life?*

** What response to God is required on our part?*

** What will be the result if this is true in your Christian life?*

2. The object of our trust should _____ be _____. (62:3-4)

** Why is this so?*

B. A PERSONAL REMINDER OF SOUL-REST (62:5-7)

1. In the Christian life, there is a constant need for _____ . (62:5-6)

** What does it mean to wait upon the Lord?*

** Where should we not place our expectations?*

** How is David's perspective in v. 6 an advancement over his perspective in v. 2?*

2. When we trust in the Lord alone, He is _____ . (62:7)

C. A PUBLIC APPEAL TO SOUL-REST (62:8-12)

1. As believers, we are to _____ trust in the Lord and not in . . .

a) . . . _____ . (62:8-9)

b) . . . _____ . (62:10a)

c) . . . _____ . (62:10b)

** Why should we not trust in this?*

2. Instead of untrustworthy human lies, we are to place our trust in the unchanging _____
_____. (62:11-12)